

MAY 2023

Students (K-4)) Breakfast \$1.25 Student Lunch \$2.30

Students (5-12) Breakfast \$1.35 Student Lunch \$2.55

Reduced Breakfast \$0.30

Reduced Lunch \$0.40

Adult Breakfast \$1.85 Adult Lunch \$4.05

High School Food Court Menu

Monday

***Cheesy Calzone or Stromboli**
Broccoli
Assorted Fruit

Tuesday

***Rotini & Meatballs w/ Garlic Bread**
Italian Mixed Veggies
Fresh Fruit

Wednesday

***Assorted Breakfast Sandwiches**
Glazed Carrots
Assorted Fruit

Thursday

Star Wars Day
***HAM Solo & Cheese Pretzel Sandwich**
Millennium FalCORN
Mandalorian Oranges

Friday

Cinco de Mayo School Lunch Hero Day
***Assorted Pizza**
Black Bean Salsa
Assorted Fruit



***Grilled Cheese**

Tomato Soup & Goldfish
Green Beans
Assorted Fruit

***Chicken Alfredo w/ Garlic Knot**

Carrots
Fresh Fruit

***Oven Roasted Chicken w/ Roll**

Mashed Potatoes
Assorted Fruit

***Pot Pie w/ Funnel Cake**

Broccoli
Fresh Fruit

***Assorted Pizza**

Mixed Veggies
Assorted Fruit

***Mozzarella Cheese Sticks w/ Marinara**
Steamed Carrots
Assorted Fruit

***Beef Tacos or Nachos**

Seasoned local PA beef w/ choice of fixins
Refried Beans
Fresh Fruit

***Chicken Bites w/ Soft Pretzel**
Au Gratin Potatoes
Assorted Fruit

***Hot Dog Bar**
Choice of toppings
Broccoli
Fresh Fruit

***Assorted Pizza**
Assorted Veggies
Assorted Fruit

***Fish Sticks w/ Macaroni & Cheese**
Green Beans
Assorted Fruit

Brunch for Lunch

***French Toast Sticks w/ Sausage**
Tater Tots
Fresh Fruit

***Burger Bar**
Cheese or Plain
Baked Beans
Assorted Fruit

***Cook's Choice**
Assorted Veggies
Assorted Fruit

***Assorted Pizza**
Cali Mixed Veggies
Assorted Fruit

No School

***BBQ Pulled Pork**
Coleslaw
Assorted Fruit

***Cook's Choice**
Assorted Veggies
Assorted Fruit

Happy Summer!

***Choice of milk: low-fat white, chocolate, and nonfat strawberry**

Your Lunch- Your Way

3 USDA components with at least 1 serving of fruit or vegetables
= a complete meal!

Self-Service: **Salads*Fruit Bar*Veggie Bar*Grab'n'Go Sandwiches**

***Universal Free* Breakfast Menu:** open until 9:30am

Monday: Whole-Grain Pastry Variety of cold options available daily

Tuesday: Breakfast Pizza

Wednesday: French Toast Sticks Choice of fruit, 100% juice & milk

Thursday: Whole-Grain Pastry #FuelUpRockets

Friday: Bacon or Sausage -Egg & Cheese Sandwich



PAY FOR MEALS ONLINE

MySchoolBucks.com

Free & Reduced Meal Applications are available on the

district website or at www.compass.state.pa.us